

# CAMP INFORMATION

**When:** (Monday - Thursday) August 18 - 21, 2008

**Who:** Players Ages 6 - 14

**Facility:** The Haverhill Valley Forum is home to the Valley League and is located at 7 Parkridge Road, Haverhill, MA. The twin rinks facility features 12 locker rooms, a full service pro shop and concessions center, a 3,000 square foot training center operated by Athletic Evolution, more than 800 spectator seats and a spacious, glass-enclosed mezzanine.

**Instruction:** Each player will receive personal attention from experienced instructors. See the Points of Emphasis for more information.

**On Ice Activity:** Each player will receive two hours and thirty minutes of on ice instruction. One hour and thirty minutes will be used for skill development in the first on ice session and the second session will consist of one hour of team concepts.

**Off Ice Activity:** Campers will receive an off ice program consisting of dry land training, shooting instruction and video presentations. Dryland training consists of speed, quickness, and agility drills. Dryland will also consist of fun activities as well as games and races. Players must bring running shoes and exercise wear.

**Meals:** The Forum concession stand will be open for lunch and refreshments throughout the day, or players may bring their own lunch.

**Cost:** The cost of the camp is \$290 per player. A non-refundable \$50 deposit is due with application. Balance due by August 10, 2008 or subject to a \$25 late fee.

**More Information:** Contact Fred Devereaux at, (978)557-5518 x108, fdevereaux@jrwarriors.com.

# DAILY SCHEDULE

## GOLD Group (6-10 yrs)

8:00am - 9:15am	On-Ice Session I
9:15am - 9:30am	Break
9:30am - 10:45am	On-Ice Session II
11:15am- 11:45am	Lunch
11:45am - 12:45pm	Dry Land Training
12:45pm	Dismissal

## BLUE Group (11-14 yrs)

9:15am - 10:15am	Dry Land Training
10:15am - 10:45am	Break/Snack
11:00am - 12:15pm	On-Ice Session I
12:15pm - 12:30pm	Break
12:30pm - 1:45pm	On-Ice Session II
2:00pm	Dismissal

# POINTS OF EMPHASIS

## Skating

- \* Creating Power
- \* Balance
- \* Edging
- \* Quick explosion

## Scoring

- \* Shooting in Stride
- \* Changing Angles
- \* The Backhand
- \* Driving the net
- \* Disguising the shot
- \* Reading the Goaltender
- \* Deking

## Puck Control

- \* Stick handling
- \* Toe Curl/Drag
- \* Protecting the puck
- \* One on One's

## Awareness

- \* Ice vision
- \* Angling
- \* Creating time
- \* Competition Drills

## Checking

- \* Giving a check
- \* Receiving
- \* Open ice hits
- \* Timing

## Goaltending

- \* Angles
- \* Fundamentals
- \* Zoning
- \* Puck handling


## Team Concepts

- \* Forechecking
- \* Neutral zone
- \* Backchecking
- \* Powerplay
- \* Penalty Killing

## Passing

- \* Receiving
- \* Indirect passing
- \* Reading passes
- \* Timing

# CAMP STAFF

 **Andy Heinze** is director of hockey operations for the Valley Junior Warriors and is the head coach and general manager of the Valley Junior Warriors Junior team. In his first year as coach of the Junior team, Andy was honored as the EJHL Coach of the Year. He received that honor once again in 2001. Andy, a former captain of the 1989-90 Merrimack College team, began coaching at his alma mater in 1993 following a three-year professional career in Europe. Andy holds the Merrimack school record for most games played with 144 and currently ranks 10th on Merrimack's all-time scoring list with 77 goals and 89 assists for 166 points.

**Fred Devereaux** currently serves as the Director of Player Development for the Valley Junior Warrior teams. Fred is currently an NHL scout with the Calgary Flames and has been a NHL scout for 20 years. Fred has over 30 years of Hockey School experience in the United States and Canada. He also has coached at every level from Youth to Pro Hockey and has helped developed several present National Hockey League players.

**Bob Carpenter** joined the Valley Junior Warriors staff as program development director in 2006 after a celebrated professional hockey playing and coaching career. A St. John's Preparatory School standout from Peabody, Carpenter was the first U.S. Citizen to be drafted into the NHL directly out of high school. As an NHL rookie, Carpenter scored 32 goals and then set a record for American-born players when he scored 53 in his fourth year. His storied professional playing career includes stints with the Washington Capitals, New York Rangers, Los Angeles Kings, New Jersey Devils and the Boston Bruins. In his NHL career that spanned 18 years, Carpenter played 1,318 games, scoring 341 goals and 446 assists for 787 points. He also captured three Stanley Cups (1995, '00, '03) while playing for New Jersey. Following his playing career, Carpenter served as assistant coach of the New Jersey Devils and head coach of the AHL Albany River Rats.

**Mike Holubowich** is a former head coach of the Bridgewater Bandits in the EJHL. Mike is presently the Assistant Coach for the Valley Junior Warriors Junior Team. He has worked with Dynamic Skating and Valley Junior Warrior Skills for a number of years.

# APPLICATION

First: \_\_\_\_\_ Last: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Position: \_\_\_\_\_ Previous Season's Team/Level: \_\_\_\_\_

Circle One: Gold Group (6-10yrs.) / Blue Group (11-14yrs.)

Street: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Current Team Name: \_\_\_\_\_

Parent/Guardian's Name: \_\_\_\_\_

Home Tel: \_\_\_\_\_ Work Tel: \_\_\_\_\_

Health Insurance Company: \_\_\_\_\_

Policy/Identification Number: \_\_\_\_\_

I/We, the undersigned agree that I/We will not hold the Valley Forum, its directors, agents, affiliated personnel or persons associated with the facilities used, liable for any damages, misuse or negligence in the operation or participation in the Valley Forum Summer Camp.

Parent/Guardian's Signature: \_\_\_\_\_

A \$50 non-refundable deposit is due upon receipt of application. The total amount of **\$290 is due by August 10, 2008** or subject to a **\$25 late fee**. After all spots are awarded on a first-come, first-serve basis, all following applicants will be placed on a waiting list.

**Payment Method:**

**Mail check or money order to:**

Valley Associates  
7 Parkridge Road, Haverhill, MA 01835

**Credit Card** (mail or fax to 978-557-5519)

Cardholder Name: \_\_\_\_\_

Cardholder Street: \_\_\_\_\_

Cardholder City/State/Zip: \_\_\_\_\_

Cardholder Tel: \_\_\_\_\_

Circle Card Type: AMEX VISA Master Card

Card Number: \_\_\_\_\_

Expires: \_\_\_\_\_ \$ Amount: \_\_\_\_\_

Parent/Guardian's Signature: \_\_\_\_\_

The issuer of this card is authorized to pay the amount shown as TOTAL upon proper presentation. The cardholder agrees to pay such total subject to and in accordance with the agreement governing the use of such card. The Valley League is authorized to accept telephone orders from our business and charge to this card.

Directed by Jr. Warrior Staff & College Coaches

# VALLEY CAMP

## August 18 - 21, 2008

### Haverhill Valley Forum Players Ages 6 - 14

Create More Championship  
Moments Take your game to the  
next level by registering today for  
2008 Valley Summer Camp



VALLEY LEAGUE  
7 Parkridge Road  
Haverhill, MA 01835  
(978) 557-5518

[www.ValleyHockeyLeague.com](http://www.ValleyHockeyLeague.com)



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